



CARDIAC CATHETERIZATION

INSTRUCTIONS TO PATIENTS AND FAMILIES

1. An appointment with the Pre-Op Testing Nurse will be made for you.
2. Pre-Op Testing is located on the third floor of the Medical Plaza at Cape Canaveral Hospital. Please arrive at least fifteen (15) minutes prior to your scheduled appointment time.

Please follow any Medication Instructions given to you by your Physician or Physician Staff. In General, those instructions include:

3. Do not have anything to eat or drink from midnight the night before your catheterization. However, on the morning of your test you should **TAKE ALL OF YOUR REGULAR MEDICINES** with a sip of water.
4. You may have been given instructions “DO NOT TAKE THE FOLLOWING MEDICATIONS the morning of your procedure”. Please follow those instructions as directed.

If you receive information from anyone that conflicts with these instructions, or if you have any questions, please call Cape Heart Group at (321) 454-4461 during regular business hours.